

September 2023

Oak Hill Grapevine

623 Hamacher St., Waterloo, Illinois, 62298 | Phone: 618-939-3488

Celebrating September

Sept 4 – Labor Day

**Sept 10 –
Grandparent's Day**

**Sept 12 –
Environmental
Services Recognition**

Sept 15 – Hat Day

**Sept 21 – World
Alzheimer's Day**

**Sept 23 – First Day of
Autumn**

**Sept 27 – Oktoberfest –
Outdoor music and
snacks 6-7:30 p.m.**

**Sept 29 – Harvest
Moon**



Why is Oktoberfest in September?

Oktoberfest is a German tradition known around the world for its beer, delicious food, and celebration of German culture. It's a chance to put aside differences, raise a glass, and shout, "Prost!" (That's "Cheers!" in German.)

Given the name, one would think that it would also be a chance to celebrate the great month of October. And it is. What's shocking, though, is that this festival's namesake month barely gets to take part in the festivities.

That's right—the majority of Oktoberfest takes place in September, which makes Oktoberfest seem like one of the biggest misnomers we use all the time. The entire festival runs 16-18 days, depending on the year, and most of them are in September. When Oktoberfest began in 1810, it did take place entirely in October, from the 12th to the 17th.

The first Oktoberfest was a celebration of the marriage between Bavarian Crown Prince Ludwig and Princess Therese von Sachsen-Hildburghausen. It lasted five days, during which the citizens of Munich were invited to eat and drink to their hearts' content while listening to live music and watching parades. The party ended with a horse race at the edge of town.

It was such a success that this celebration grew to become an annual festival, complete with every attraction that made the first so enjoyable. As the festival got longer, the starting dates were moved into September because the days were longer and the weather was warmer. Visitors could stay out later to enjoy the gardens and the famous fields that make up the festival grounds without getting chilly.

Source: Reader's Digest

Resident Birthdays in September

2- Marvel Otten

3 – Robert Arterburn

7- Albert Gregson

10 – Elaine Hoerr

12- Marie Butler

12 – Margaret Trentman

14- Eugene Rinck

18 – Marilyn Haudrich

19 – Penelope Chart

21- Elizabeth Wightman

23- Rosemarie Hinrichs

27 – Donald Sutter

28 – Viola Fink

28 – Barbara Garris

30 – Delrita Clifton



Join us outside for
MUSIC & REFRESHMENTS
with your loved ones!



Bring Your Lawn Chairs

Oak Hill

Music by : Butch's Polka Kings

September 27, 2023

6:00 - 7:30 pm

Weather Permitting



Grandparents Day Photo Booth

September 9th & 10th

Near the main lobby

**Grandparents are encouraged to take photos with
their children and grandchildren.**



Meet Happy and Molly



Love on a Leash will start regular therapy dog visits to Arbor Court residents at 3:00 p.m. on the 4th Thursday of every month and visits to Whispering Pines will be on the 3rd Monday each month at 10:00 a.m. beginning in September.



Kayla Stumpf, Dietary

Josephine Reeves, Dietary

Ava Reeves, Dietary

Caleb Litteken, Housekeeping

We are Glad You are Here!



Hat Day

Friday, September 15

**Show off your favorite or most
amusing hat!**

Staff Birthdays in September

Tammy Kueker, RN – September 2

Andy Buckley, Maintenance – September 5

Angie Staub, Resident Care Coordinator – September 5

Juliet Wilson, LPN – September 9

Courtney Heimburger, RN- September 9

Mindy Hanna, DON – September 10

Zachary Day, Dietary – September 13

Cynthia Gallagher, LPN – September 17

Caroline Hale, CNA – September 21

Susan Stanglein, Receptionist – September 25

Christine Beasley, CNA – September 26

Kasey Claybourn, LPN – September 30



Joyce Rossel, Special Care Unit Activities

August Employee of the Month



Here's what others had to say about Joyce:

- Joyce is a very hard worker. She is very compassionate and reliable. She really takes the time to get to know the residents on Whispering Pines! She is very caring and is just a really great person inside and out. I'm blessed to work with and know Joyce!
- Joyce is engaging and overall great on Whispering Pines. She is creative with the residents.
- Joyce is always helping staff and residents. She always has a smile on her face. We appreciate all she does.
- Joyce is awesome in all she does! She is great with the residents and is a positive person.
- We appreciate all she does for our residents! She sure knows how to put a smile on all of their faces.
- Joyce is such a wonderful addition to Whispering Pines. She is friendly, kind and funny. She is great with activities for the residents and is always willing to help out. She goes above and beyond.
- Joyce does a great job meeting residents at their level and engaging them in activities with an energetic approach.
- We appreciate all of Joyce's hard work. The residents love her!
- She has many innovative ideas. She is always willing to help her co-workers and is very passionate about engaging the residents.
- She has endless patience with the residents.
- Joyce is wonderful with the residents. She is compassionate and a team player.
- Joyce does an amazing job in the activity department on Whispering Pines. She knows how to individually care for each resident's unique needs!
- We appreciate everything Joyce does for our residents.
- Joyce is such a positive person and is so caring when it comes to her residents. You can tell she loves her job.
- The residents are extremely lucky to have Joyce! Her dedication is much appreciated.

- Joyce is an amazing activity person and so creative.
- Joyce is sweet and very good with her residents.
- Joyce is so great with the Whispering Pines residents! She is always doing something with them to keep them busy!
- Joyce is super helpful to other divisions and she is very friendly. We are lucky to have her here.
- Joyce is so amazing with staff and residents. Oak Hill is lucky to have her! She is always happy and engaging with residents.

Interesting Facts about Joyce:

Activity Professional – 4 years (total)

Lives in Monroe County with family; moved from Chicago.

Hobby: Her passion is kayaking on lakes and rivers.

Memorable Oak Hill Moment: Working with management on purchasing the IN2L System for the Pines. Setting up the IN2L and working with the residents has been a rewarding experience!

Embarrassing Oak Hill Moment: Walking around in a pumpkin outfit at Halloween.

Achievements: Army Officer\USAR, MBA graduate, & lifetime French horn player.

Person in History: Abraham Lincoln – She went to the Springfield Presidential library; fascinating President.

TV Shows: MASH, Carol Burnett, Mary Tyler Moore, Bob Newhart; any classic TV.

Favorite song/band: Bluegrass, Classical, & Classic Rock

Travel: Train ride anywhere out West or Canada; breathtaking views.

If she won 50 million in the lottery: She would donate a significant amount to animal and children's charities.

Other Nominations for Employee of the Month:

Heather Wegener, RN – Heather takes it upon herself to finish the job of other nursing staff and CNAs to get things done. The residents love her and staff look up to her for guidance and problem solving.

On September 21, 2017, the Alzheimer's Association will be celebrating World Alzheimer's Day. The Alzheimer's Association is a global organization that works to prevent, care for, and support people living with Alzheimer's disease. The Alzheimer's Association is a global organization that works to prevent, care for, and support people living with Alzheimer's disease.

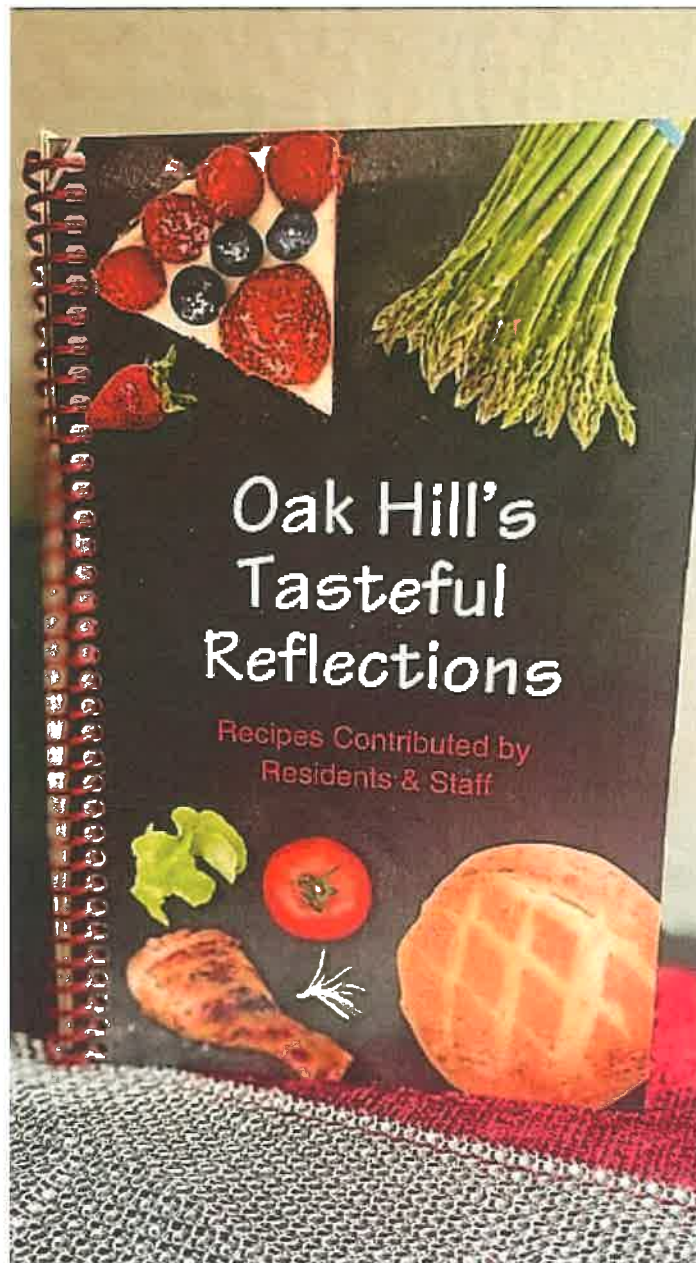


In recognition of World Alzheimer's Day on Thursday, September 21, we are asking that you wear purple this day.

Alzheimer's disease is the most common form of dementia. Every 3 seconds someone develops dementia. There are currently over 55 million people living with dementia and that number is expected to rise to 139 million by the year 2050.

Source: Alzheimer's Disease International

Oak Hill cookbooks for sale!! 😎 All proceeds go to the Resident Council fund. Recipes were submitted by staff, residents, and families including some treasured recipes from the 50th annual cookbook almost 25 years ago!!



FOR SALE

Oak Hill Cookbooks

\$12

Please see receptionist for details about payment
Or call: 618-939-3488

Payments accepted:
cash
checks (make payable to Oak Hill Resident Council
payroll deduction
Resident account





Staff Anniversaries in September

Judy Rabbermann, Laundry Supervisor - 12 Years

Maria Webb, CNA - 8 Years

Marcia Sutton, CNA - 4 Years

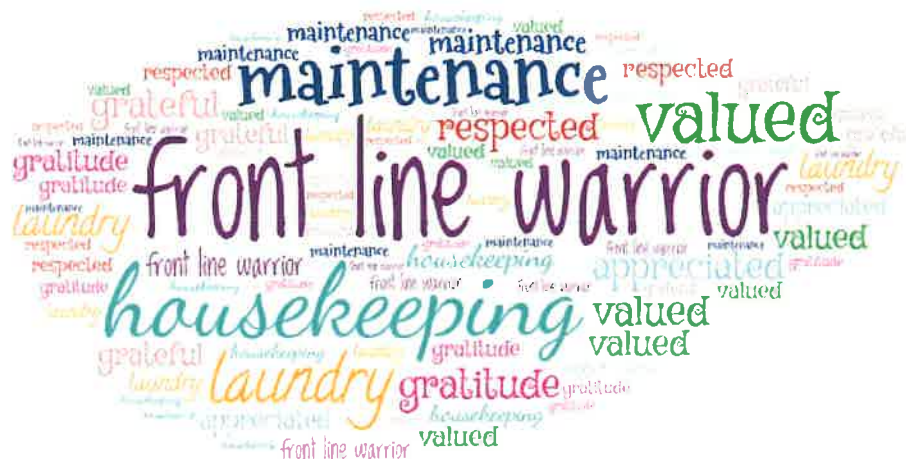
Jessica Sinn, ADON - 2 Years

Aidan Stell, CNA - 2 Years

Cynthia Gallagher, LPN - 1 Year



ENVIRONMENTAL SERVICES APPRECIATION



**We will recognize our Housekeeping, Laundry and Maintenance staff on Tuesday, September 12 for all they do throughout the year to make Oak Hill a comfortable, clean home.
Please take time to thank these valuable people.**

ALL STARS

Employees are recognized who have gone above and beyond. The staff that are recognized spin a wheel to win prizes. Prizes have been provided by the Endowment Committee. The recent All Stars were:

Dana Grossmann, Cook - \$75 Casa Romero

Becky Dunker, LPN - \$75 Casa Romero

Deb Carrico, Environmental Asst Director - \$75 Casa Romero

Scott Phillips, CNA - \$75 Cash



Harvest Moon



During late summer and early autumn, as the days become shorter and the angle of the moon's orbit changes, the moon rises closer to the time of sunset. September's full moon is called the harvest moon.

According to NASA's website, "the term 'harvest moon' refers to the full, bright moon that occurs closest to the start of autumn. The name dates from the time before electricity, when farmers depended on the moon's light to harvest their crops late into the night."

In most other months, the moon rises an average of 50 minutes later each day, making it more challenging for farmers to work in the fields at night. However, during the time of the harvest moon, the moon rises only about 30 minutes later each night, providing additional light during the evening, allowing farmers to extend their working hours which is why it is called "Harvest Moon".

A harvest moon appears larger than normal and seems to have a warm orange or amber hue because when it rises near the horizon you're viewing it through a greater thickness of the Earth's atmosphere, according to earthsky.org.

The Farmer's Almanac tells us the following facts:

The Harvest Moon appears this year from September 28 to 30! The Moon will appear full for about three days around this time, from Thursday through Saturday. Harvest moon can occur in either September or October, depending on how the lunar cycle lines up with the Gregorian calendar.

Oak Hill will celebrate the Harvest Moon this year by distributing moon pies on September 29.

So shine on, shine on Harvest Moon up in the sky.



Staff enjoyed food from the Picture Perfect Panini food truck in August



Pictured is Darlene King receiving her lunch.



GRANDPARENT'S DAY SEPTEMBER 10



We will recognize Grandparent's Day at Oak Hill by sharing pictures of grandparents and grandchildren. All residents and staff are welcome to share photos of themselves with their grandparents or their grandchildren. All photos will be displayed by September 10. Please bring in photos to the front desk by September 6. The receptionist will photocopy the picture and write the names of those in the picture on the back of the photocopied picture. The original will be returned immediately to you.

If you bring a picture of yourself and a grandparent, you will be part of a contest in which others will guess which resident or staff person is in the picture.

Labor Day Laughs

Sometimes you just must laugh about working. Here are some funny jokes about different professions and work to post on your bulletin board or read during your Labor Day celebrations.

1. What recognition does the world's top dentist get?

A little plaque

2. Why did Betty quit her job at the helium factory?

She refused to be talked to in that voice.

3. After the weekend, which days are the most difficult?

The first five

4. I recently met a limo driver who was in business for over 20 years and never had a single customer...

...all that time and nothing to chauffeur it.

5. Why were you fired from the orange juice factory?

I just could not concentrate.

6. Who should we notify if you fall ill at the office?

An exceptionally good doctor

7. Why isn't Fred working at the deli today?

They fired him because he couldn't cut the mustard.

8. Why did you leave your last job?

The company relocated and didn't tell me where.

9. Why did the banana go to the doctor?

It wasn't peeling well.

10. What did the employee do when his boss told him to have a good day?

He went home.

11. I lost my job after giving up my seat on the bus to a blind person. Why?

I was the bus driver.

12. Why did the can crusher quit his job?

Because it was soda pressing



13. Why are chemists great at solving problems?

Because they have all the solutions

14. Why don't scientists trust atoms?

Because they make up everything

15. How does NASA organize a party?

They planet.

16. I went to an interview for an office job today. The interviewer told me I'd start at \$1,500 a month, which would increase to \$2,000 a month in six months' time.

I told them I would start in six months.

17. Boss: "How can we keep the office clean?"

Worker: "By staying home."

18. Our computers went down at work today, so we had to do everything manually.

It took me 20 minutes to shuffle the cards for solitaire!

19. I don't mind coming to work.

It's the eight-hour wait to go home I can't stand.

20. Employer: "We need someone responsible for the job."

Job applicant: "Your search ends here, sir! At my previous job, whenever something went wrong, everyone said I was responsible."

21. I saw someone at work yesterday being horribly inefficient and told him, "Hey, that's really slowing you down."

He replied, "Well, yes, but I do kitchen remodeling, so I'm supposed to be counter-productive."

22. What does a mathematician say when something goes wrong?

"Figures!"

23. Why did the invisible man turn down the job offer?

He just could not see himself doing it.

24. Jeff is six feet tall. He is an assistant at a butcher's shop and wears size 12 shoes. What does he weigh?

Meat

25. I have four legs but no hair. People ride me for hours, but I do not go anywhere. Without being pulled or prodded, turned on or plugged, I am always ready for work. What am I?

A desk



News from Whispering Pines



alzheimer's association®

Alzheimer's Association "In the Moment" Support Group

There will be an Alzheimer's Association, "In the Moment," support group meeting at Oak Hill, in the classroom from 7 pm to 9 pm on Thursday, September 28th. The support groups are scheduled for the last Thursday of the month. The first part of the group will be educational and the second part will be for sharing.

This support group is for caregivers of those with Alzheimer's and other dementias. The meeting is open to the public and Oak Hill family members.

For more information, please call Julia at 618-939-3488 ext.1248.



September Dining Room Entertainers on the Pines

Here is the schedule of entertainers for September:

9/4 - Laurene Taylor –Labor Day Tribute

9/7 - Alan Brandt

9/12 -Terry Roberson, "The Singing Cowboy"

9/14 - Forrest Bevineau, "The Singing Sheriff" (pictured above)

9/15 - Ron Schewe on the Accordion

9/18 - Pearl Hirsch on the keyboard

9/26 - Tommy Tunes

All programs will start at 2 pm in the Cedar or Spruce dining room.



Liquid Biopsies Approved for Alzheimer's

by Brooke DeNisco

Liquid biopsies are a relatively new diagnostic tool developed about 10 years ago for diagnosing cancer. Multiple tests are taken of a person's bodily fluids, including blood, urine, saliva, etc. The specimens are carefully examined for traces of cancer cells or small pieces of DNA and RNA that can be released from a tumor.

Although it sometimes takes multiple tests over a span of several weeks to months as well as detailed lab work, liquid biopsies have many advantages. Previously, tissue samples were needed for the same tests, involving an invasive and surgical process that couldn't be attempted until a tumor was detected. By that point, the cancer

may have spread or become more severe.

Doctors and scientists hope that Alzheimer's disease can also be detected early and properly diagnosed with liquid biopsies. (Often, the type of dementia someone has is not known until after they die, if ever.)

If treatments for Alzheimer's disease and dementia become available, liquid biopsies could discern the problem and allow for treatment to start early.

Last October, the FDA permitted doctors to try liquid biopsies on people who might have Alzheimer's disease. The tests are expensive and specialized, so they aren't widespread yet, but there is hope that they will quickly gain a foothold.

In the hopes of making the most of the FDA's announcement, the Alzheimer's Drug Discovery Foundation was gifted \$33 million in 2023. Three billionaires (Bill Gates, Jeff Bezos, and Estée Lauder heir Leonard Lauder) each gave the foundation \$11 million to maximize the potential of the new liquid biopsy tests.

September

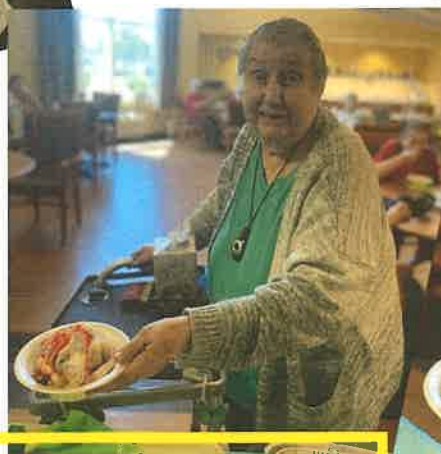
Magnolia Moments

Last month's recap.... Started our month off by having the Singing Sherriff back to play for us, which was long overdue. Also enjoyed some beautiful piano music from Brea Miller. We enjoyed lunch out at Main Street Abbey in Columbia. Celebrated Elvis week with Elvis word puzzles and Elvis coming to play for our August birthday party. Enjoyed a scenic ride and of course had to stop at Walton's for ice-cream sundaes. We had a great turnout for the bean bag toss and it was a close game. During the hot week in August we stayed inside and enjoyed bingo, music, word games, and Farkle. Also celebrated Banana split day, which everyone enjoyed. Ended August with music from Joe Powell and horse races. We are looking forward to cooler weather, so we can go outside to enjoy it.





Bean Bag Toss



Banana Split Day

Magnolia Terrace wanted to say
a special thank you to all the
families and residents who have
helped clean up our outside
patios.



Farkle Winners

Don E.



Sandy Steinmann

***Carol Peters-Boyer became a
great grandma to Ryleland
Nathan Michael Wagenecht.
He was born August 27th and
weighed 6lbs. 1oz.***

Bean Bag Toss

Winners

1st- Arline (265)

2nd- Carol (225)

3rd- Marie (195)

September ***Birthdays***

1st- Don Esker

12th- Teddi Ramirez

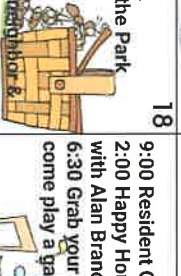
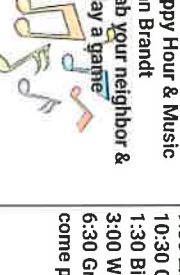
14th- JoAnn Hogg

23rd- Maggie Kutterer

24th- Ellie Romacker

25th- Linda White

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 1:30 Satin Hands & Social Hour 2:30 Wii Bowling 3:00 Hymn Singing 6:30 Grab your neighbor & come play a game	4 9:30 Exercise Video 2:00 Reelers on Piano  6:30 Grab your neighbor & come play a game	5 9:15 Shopping @ Walmart 1:30 Horse Races 2:30 Farkle (Card Game) 6:30 Grab your neighbor & come play a game	6 9:30 Sit & Be Fit 10:30 Rosary ** 1:30 Bingo 3:00 Word Games 6:30 Grab your neighbor & come play a game	7 9:30 Morning Manicures 10:00 Bible Study 10:30 UCC Church ** 1:15 Brautigam's Orchard Apple Picking & Wagon Ride 6:30 Grab your neighbor & come play a game	8 9:30 Sit & Be Fit 10:15 Balloon Game 1:30 Bingo (2 Cards) 6:30 Grab your neighbor & come play a game	9 10:00 Exercise Video 1:30 Card Lotto 6:30 Grab your neighbor & come play a game
10 2:00 Music with Everett Dean 6:30 Grab your neighbor & come play a game	11 9:30 Sit & Be Fit 1:30 Bean Bag Toss 2:45 Baking Apple Pies (Upstairs)  6:30 Grab your neighbor & come play a game	12 9:00 Drive Thru Lone Elk Park & Lunch 2:30 Bingo 6:30 Grab your neighbor & come play a game Happy Birthday Teddi Ramirez!	13 9:15 Shopping @ Walmart 9:30 Exercise Video 10:30 Catholic Mass ** 1:30 Bingo 3:00 Word Games 6:30 Grab your neighbor & come play a game	14 9:30 Morning Manicures 10:00 Bible Study 10:30 Lutheran Church ** 2:00 Birthday Party with Pearl on Piano 6:30 Grab your neighbor & come play a game Happy Birthday Joann Hogg!	15 9:30 Sit & Be Fit 10:15 Balloon Game 1:30 Bingo (2 Cards) 6:30 Grab your neighbor & come play a game	16 10:00 Exercise Video 1:30 Movie (Little Princess) 6:30 Grab your neighbor & come play a game
Grandparents Day 17 1:30 Satin Hands & Social Hour 2:30 Wii Bowling 3:00 Hymn Singing 6:30 Grab your neighbor & come play a game	18 9:30 Sit & Be Fit 10:45 Picnic @ the Park 2:00 Bingo  6:30 Grab your neighbor & come play a game	19 9:00 Resident Council 2:00 Happy Hour & Music with Alan Brandt 6:30 Grab your neighbor & come play a game 	20 9:15 Shopping @ Walmart 9:30 Exercise Video 10:30 Catholic Mass ** 1:30 Bingo 3:00 Word Games 6:30 Grab your neighbor & come play a game	21 9:30 Morning Manicures 10:00 Bible Study 10:30 UCC Church ** 2:00 Pumpkin Painting 6:30 Grab your neighbor & come play a game 	22 9:30 Sit & Be Fit 10:45 Lunch out @ VFW 1:30 Bingo (2 Cards) 6:30 Grab your neighbor & come play a game	23 10:00 Exercise Video 1:30 Card Lotto 6:30 Grab your neighbor & come play a game Happy Birthday Maggie Kutterer! Oktoberfest Begins
24 1:30 Quarter Bingo 2:30 Wii Bowling 6:30 Grab your neighbor & come play a game Happy Birthday Ellie Romacker!	25 9:30 Sit & Be Fit 1:30 Bingo 6:30 Grab your neighbor & come play a game	26 9:15 Shopping @ Dollar Tree 1:30 Horse Races 2:30 Farkle (Dice Game) 6:30 Grab your neighbor & come play a game	27 9:30 Sit & Be Fit 1:30 Bingo 6:00-7:30 Oktoberfest Music by Butch's Polka King and Refreshments	28 9:30 Morning Manicures 10:00 Bible Study 10:30 Baptist Church ** 2:00 Music with Tommy Tunes 6:30 Grab your neighbor & come play a game	29 9:30 Sit & Be Fit 10:15 Balloon Game 1:30 Bingo (2 Cards) 6:30 Grab your neighbor & come play a game	30 10:00 Exercise Video 1:30 Movie (The Searchers John Wayne) 6:30 Grab your neighbor & come play a game AUTUMN <i>Autumn Begins</i>

* All Activities are subject to change

** Church is held in the Oak Hill Activity Room

Oktoberfest

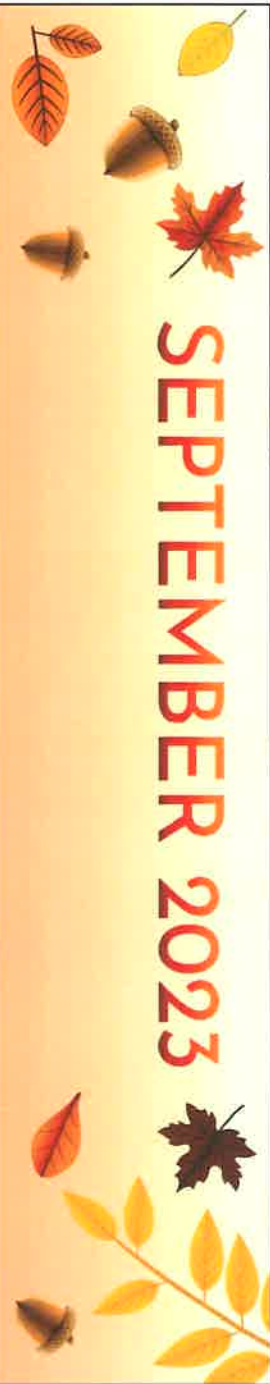
September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:30 Church on the Pines 10:00 Worship Music & Hymn Sing IN2L 1:30 Netflix Movies IN2L 3:00 Snack	9:45 Restorative 10:30 Alexa Sing-along 2:00 Laurene Taylor Labor Day Tribute - Pines 3:00 Patio Time & Snack 	9:45 Belly Dancing IN2L 2:00 Puzzles 3:00 Baking Hour & Dump Cake Dessert	9:45 Restorative 10:00 Catholic Mass IN2L 2:00 Bingo IN2L 3:00 Cookies & Coffee 	9:30 Morning Stretches 10:00 Arbor - Church* 2:00 Old Time Tunes with Allan Brandt on Pines 	9:45 Restorative & Alexa Sing-along 2:00 Lily Tomlin Birthday-9 to 5 Movie 3:00 Fruit Smoothie Treat 	9:30 Funny Videos IN2L 1:30 Restorative 2:00 College Football in the Livingroom 3:00 Nachos & cheese
9:45 Restorative 10:00 Worship Service & Hymn Sing IN2L 1:00 Cardinals Baseball 2:00 Patio - Ice Cream & Music 	9:45 Restorative & Sing 1:30 Family Feud & I Love Lucy IN2L 3:00 Baking - Dump cake 	10:00 Lassie's Birthday Classic TV IN2L 2:00 Singing Cowboy - Terry Robertson on Pines 3:00 Cookies & Coffee 	9:45 Restorative 10:00 Catholic Mass* 2:00 Bingo IN2L 3:00 Snack Time	9:30 Newspaper Hour 10:00 Arbor - Church* 2:00 Singing Sheriff - Forrest on Pines Happy Birthday Eugene 	9:30 Restorative & Therapy Dog - Margie 2:00 Accordion Music - Ron Schewe 3:00 Afternoon Snack	9:30 Cooking Shows & 16 prepare snack with Elise 12:00 Illini Football 1:30 Exercise - Ring Toss 3:00 Dump Cake 
Grandparents Day 9:30 Church on the Pines 10:00 Worship Music & Hymn Sing IN2L 2:00 Fall Leaf Project 3:00 Snack 	9:45 Restorative & Love on a Leash-Therapy Dog 10:30 Alexa Sing-along 2:00 Pearl on Pines 3:00 Ice Cream Sandwich Snack 	10:00 Hawaiian Dance Videos IN2L 1:30 Movie: Blue Hawaii 3:00 Blue Smoothies	9:45 Restorative 10:00 Catholic Mass* 2:00 Bingo IN2L 3:00 Coffee & Donuts 	9:30 Morning Stretches 10:00 Arbor - Church* 2:00 Southern Illinois Patio Party for Everyone! 	9:45 Restorative 10:15 Funny Videos IN2L 2:00 Puzzles 3:00 Afternoon snack	9:45 Restorative 10:30 Alexa Sing-along 2:00 Netflix: Movies IN2L 3:00 Happy Hour! 
Yom Kippur 9:45 Restorative 10:00 Worship Service & Hymn Sing IN2L 3:00 Cardinals Baseball 2:00 Patio - Ice Cream & Music 	9:45 Restorative 10:00 Yoga Stretches & Exercise IN2L 2:00 Painting with Elise 3:00 Snack Time 	10:00 Newspaper & Magazine Hour 2:00 Tommy Tunes Music on the Pines 3:00 Watermelon 	9:45am Restorative 10:00 Catholic Mass IN2L 2:00 Bingo IN2L 3:00 Snack Time	9:30 Newspaper & Library Cart 10:00 Arbor - Church* 2:00 Monthly Birthday Party! 	9:45 Restorative 10:00 Short Stories & Picture Detective IN2L 2:00 Classic Movie IN2L 3:00 Hotdog Pretzel 	9:45 Restorative 10:15 Carol Burnett IN2L 1:30 Balloon Tennis 3:00 Snack Time

Activity schedule subject to change. IN2L touch screen computer.

* Off unit activity

WHISPERING PINES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SEPTEMBER 2023						
Independent Bingo 3 8:00- One on Ones 2:00 pm- Sun room Games with Wendy	Happy Labor Day! Labor Day Word Finds Labor Day	8:00 am- One on One House Calls 10:00 am- Nail Care 2:00 pm- Button Tree Craft	8:00 am- One on One House Calls 9:30 am- Stretch and Flex 10:30 am- Rosary 2:00 pm- Bingo	8:00 am- One on One House Calls 10:00 am- Gospel Music 10:30 am- UCC Church 2:00 pm- Football Kickoff Social	8:00 am- One on One House Calls 10:00 am- Tai Chi 10:30 am- Wheel of Fortune 2:00 pm- Rodney Conner Saxophone	Grandparents Day 9 Photo Booth Weekend Activity Packet
Independent Bingo 10 Grandparents Day Photo Booth	8:00 am- One on One House Calls 10:00 am- Moving and Grooving 10:30 am- Funny Videos 2:00 pm- Bingo 6:00 pm- Garden View	8:00 am- One on One House Calls 10:00 am- Magazine Scavenger Hunt in Maple 2:00pm- Resident Council	8:00 am- One on One House Calls 9:30 am- Stretch and Flex 10:30 am- Catholic Mass 2:00 pm- Travel to Milan Italy	8:00 am- One on One House Calls 10:30 am- Lutheran Church 2:00 pm- Football Social	8:00 am- One on One House Calls 10:00 am- Fab Fitness Friday 10:30 am- IN2L games 2:00 pm- Elizabeth Lacamp Music Rosh Hashanah Begins	Weekend Activity Packet Oktoberfest Begins
Grandparents Day Independent Bingo 17 8:00 am- One on Ones 2:00 pm- High/Low Card Game with Holly in Maple	8:00 am- One on One House Calls 10:00 am- Yoga 10:30 am- IN2L Games 2:00 pm- Bingo 6:00 pm- Garden View	8:00 am- One on One House Calls 10:00 am- Nail Care 2:00 pm- Birthday Bash with Pearl Hirsch	8:00 am- One on One House Calls 9:30 am- Stretch and Flex 10:30 am- Catholic Mass 2:00 pm- 100 years of fashion	8:00 am- One on One House Calls 10:00 am- Gospel Music 10:30 am- UCC Church 2:00 pm- Football Social	8:00 am- One on One House Calls 10:00 am- Fab fitness Friday 10:30 am- Fashion Trivia 2:00 pm- Ron Schewe Accordion	Weekend Activity Packet Autumn Begins
Independent Bingo 24 8:00 am- One on Ones 10:00 am- Golf	8:00 am- One on One House Calls 10:00 am- Golf	8:00 am- One on One House Calls 10:00 am- Card Lotto	9:30 am- Stretch and Flex 10:30 am- Rosary	8:00 am- One on One House Calls 10:00 am- Fall Junk drawer Detective 2:00 pm- Football Social	8:00 am- One on One House Calls 10:00 am- Seated Exercise 10:30 am- News and Views 2:00 pm- Phyllis Diller Show Sukkot Begins	Weekend Activity Packet
1:30 am- Presbyterian Church Yom Kippur	2:00 pm- Shopping Day!	2:00 pm- Alan Brandt Music	6:00 pm- Oktoberfest with the Polka Kings			

SEPTEMBER 2023

Meal Calendar

[illegible]