



INSIDER *March 2022*

A Word from the Administrator

I am so excited to be part of the Oak Hill Family. For anyone that I have not had the opportunity to meet, please allow me to introduce myself. My name is Shari Kruep. I have been a licensed nursing home administrator for 33 years, both in Illinois and in Missouri. My husband, Larry, and I have been married for almost 32 years. We have two grown children, Autumn and Colton. Autumn is married to Bryan Maag. We have one grandson, Jackson Maag. We enjoy being active in our church, hiking and travelling.

I look forward to serving the residents, staff, and families here at Oak Hill.
Sincerely,

Shari Kruep
Administrator

UPCOMING EVENTS

March 1 – Mardi Gras – Wear Purple, Gold and Green

March 10 – Popcorn Lover's Day

March 13 – Daylight Savings Time begins

March 17 – St Patrick's Day – Wear Green

**March 20 – Spring begins, Wear Spring colors
on Monday, March 21**



**Wear Green, Purple, and Gold for Mardi Gras
on Tuesday, March 1
We will have plenty of treats that day to keep you plump
for Fat Tuesday.**

Congratulations to Kaytlin Patterson who won \$50 for guessing
the closest count of Valentine's
candy in the jar at the receptionist desk.



Mark your calendars for an Easter Egg Hunt for resident's and
staff's children and grandchildren up to 10 years of age.
April 10 at 1 p.m. at Magnolia Terrace.
Pictures with the Easter Bunny, Games and Prizes



Staff Anniversaries for March

Rhonda Hooten, Dietary Supervisor – 26 years

Angie Staub, CNA – 15 years

Sherri Boles, MDS Coordinator – 13 years

Katherine Browning, Dietary – 8 years

Lindsey Dinning, ADON – 8 years

Dawn Vogt, Cook – 6 years

Rebecca Zimmermann, Cook – 5 years

Alyssa Terry, CNA – 2 years

Holly Hawkins, Staff Development – 1 year

Hannah Watson, Dietary – 1 year



Shari Kruep, Administrator

Tomica Bohanna, LPN

Carson Harwell, Dietary

Megan Karius, Restorative Nursing

Caroline Hale, Dietary

Elise Horvath, SCU Activity

Rachael Moeller, Dietary

Megan Wamble, Care Assistant

Kariesha Handley, Care Assistant

Happy March Birthdays

Staff

Cherry Cummings, CNA – March 2
Braden Miller, Dietary – March 2
Kristen Goersch, CNA – March 3
Vicki Butler, Laundry – March 5
Joann Stennis, CNA – March 8
Amie Frye, Health Info – March 10
Tammy Moll, Social Service – March 11
Dawn Vogt, Cook – March 16
Alyssa Terry, CNA – March 19
Jacqueline Gibbs, CNA – March 21
Caryn Miller, CNA – March 21
Kelsey Stumpf, Dietary – March 21
Rebecca Zimmermann, Cook – March 24
Lonnie Esker, Maintenance – March 24
Kaytlin Patterson, Grounds – March 25
Mary Headrick, LPN – March 26
Shari Kruep, Administrator – March 27
Kendra Little, CNA – March 30

Residents

Marlene Augustne – March 1
Norma Kayser – March 1
Marilyn Carr – March 6
Willis Meyer – March 11
Paul Stiening – March 13
Lois Dudley – March 15
Kenneth Buettner – March 16
Jeannette Barker – March 24
Ruth Speichinger – March 27





Angie Staub, CNA February Employee of the Month

ANGIE Staub is a Rockstar! She picks up shifts and moves halls and never complains. She is a great example. She is a hard worker. She helps wherever you need her and picks up shifts on her days off.

Residents love her !! She is very personable

with the residents. Works multiple halls and helps dietary. She goes above and beyond always. Angie knows the residents so well and is always so helpful in multiple departments, especially dietary. Thank you Angie!!!

A little about Angie: She has worked for 15 years at Oak Hill. Angie lives in Waterloo with her husband and she has one son and two daughters. Her hobbies include reading and plants. The most memorable moment for Angie at Oak Hill is when she won the Wessel Pistor award. Angie feels her biggest achievement is that all her children went on to further their education. Her favorite food is Italian and her favorite TV show is Price is Right. Her favorite song is "Let It Be" by the Beatles. Angie would like to travel to Italy and Ireland. If she won 50 million dollars she would pay for her children's education and travel.

Other Nominees: **Darlene King, CNA** – She works so well with the residents on Whispering Pines. She provides exceptional care! Darlene is a "God send" to Magnolia Terrace. She always goes above and beyond for us. For example, today she went around and washed multiple residents' hair as they were unable to go to the beauty shop due to COVID. She picks up anytime we ask and helps Whispering Pines as well. She is essential to Magnolia! She is always willing to go the extra mile for her coworkers and residents. She has a heart of gold!

Autumn Bergman, Dietary – She always has an incredible work attitude. She's always ready to be here and is so kind and helpful. We all appreciate her so much and love working with her. She is a great worker and always helps out and picks up shifts. Autumn is very sweet and polite!

Molly McGinnis, Dietitian – Molly went above and beyond to help us make decisions about Dad's care plan. She truly cares about making her residents (and their families) comfortable about their care. She gave us peace of mind.

Happy Saint Patrick's Day



St. Patrick's Day Funnies

Why did St. Patrick drive the snakes out of Ireland? Because he couldn't afford a plane ticket.

Why shouldn't you iron a four-leaf clover? You might press your luck!

How did the Irish jig get started? Too much water to drink and not enough restrooms.

What would St. Patrick order to drink at a restaurant? Green tea.

Do people get jealous of the Irish? Yes, they're green with envy!

What is a huge Irish spider called? Paddy Long Legs.

How can you tell when a potato is not from Ireland? When it's a French fry.

Why do Irish people recycle? They like to go green!

What's an Irish baby's favorite song? Patty Cake.

What did the Irishman say to his lass after she broke up with him? I'm already clover it!



In February, we started an ALL STAR PROGRAM to recognize staff that go above and beyond. Each week a different staff member is chosen and recognized and spins the wheel for a prize. Prizes have been provided by the Endowment Committee. The winners for February were:

ALL STAR JENNIFER GRIDER

- Jen is always willing to work and help out as a CNA and dietary with a smile. She works extra hours and days wherever is needed. I love her positive attitude!
- Jennifer is always pleasant and polite to all residents and staff. Helps out where needed.
- She has a positive attitude and is a wonderful nurse
- She is always very nice and kind. She is extremely dedicated.
- Jen is humbly dedicated to Oak Hill and the residents. She sacrifices many hours from her home and family to ensure residents receive the highest quality care. She is willing to take on any task asked of her. You are a rock star, Jen!
- Jen is always in a pleasant mood and when I was in a pinch for staffing, she stayed over on the evening shift.
- Jen is an excellent nurse. She goes above and beyond for her coworkers and residents. She is an asset to Oak Hill.
- Jen is a great nurse! She has a positive attitude and is always willing to help! She consistently goes above and beyond!
- Jen has a positive attitude always, even while under stress. She jumps in when needed and maintains professionalism. She is a dedicated nurse and an example of what Oak Hill stands for. She is a joy to work with!

ALL STAR *MEGAN WEBER*

- Megan is a rockstar! She treats residents like her family.
 - Megan goes above and beyond
- Thank you for all you do! Our residents are lucky to have you!
- Megan is amazing! She helps serve on Spruce for lunch, cleans up and serves snacks. She is an all-around great employee.
 - She is always Happy and Helpful to everyone
- She is a delight to work with! You provide dignified care to the residents! You always go the extra mile for your residents!
 - She has a fantastic attitude.
- She takes it upon herself to buy supplies for the Pines, to make shakes for the residents. Thank you Megan!
- She does extra to make her residents feel special and picks up extra tasks to help the unit run smoothly. You are an asset!
- Megan brings food, supplies and snacks in for residents on her day off. She takes excellent care of Spruce residents. Families are greatly appreciative of her efforts.
- She is compassionate and energetic. She has a servant's heart and is selfless.

ALL STAR Aidan Stell

- Aidan always has a great attitude and is always respectful and polite. He was a lifesaver on our snow day by not only coming in on his own voluntarily but also by bringing in two other employees. You are so appreciated!
- Aidan is always helpful in the dining room. He is always very respectful and kind to fellow employees and residents. He stepped up and saved the day by recruiting staff to come in during the snow day!
- Aidan is respectful and has a positive attitude.
- Aidan is always helpful, courteous and is a hard worker.
- He is very respectful and polite with coworkers and residents. A wonderful addition to the Oak Hill family.
- He helped serve breakfast at Whispering Pines and even though he was out of his wheelhouse, he was willing to jump in and help.

- He goes above and beyond when needed and is greatly appreciated! Compassionate leader.
- He is a team player and came in on his day off during the snow storm.
- He is always respectful, caring and polite to everyone. A true gentleman. Goes above and beyond to help others.
- Aidan is such a joy to be around! He promotes a fun and a positive atmosphere with his witty sense of humor. He exudes kindness!
- Aidan is always ready to work and help whoever needs assistance. He is a joy to be around.

ALL STAR

Ken Valleroy

- Kenny is respectful, kind and considerate.
- He goes above and beyond in housekeeping. He keeps the residents' safety in mind while cleaning. He is great at disinfecting the hand rails and doors.
 - Kenny is dependable and very thorough. He takes his job seriously.
- Kenny is a very hard worker and is always willing to help you when you ask him.

Very polite.
- Ken is thoughtful and thorough in his work! He is quiet yet confident with a kind spirit. We are grateful he is part of the Oak Hill Team!
 - He is very detail oriented and is compassionate with the residents.
- Ken is a perfect fit for our facility. He is kind and compassionate and is hard working, going the extra mile.
- Kenny is very friendly and always asking questions on how he can do his job better.
- Kenny is a very hard worker who goes above and beyond. Every interaction with him is pleasant. We are so lucky to have him as part of our team!
- Kenny is very thorough! He is always kind and helpful, a wonderful addition to the Oak Hill family!
- He is very detailed in his work. Evergreen appreciates him! The residents are lucky to have you here.



News from Whispering Pines

Alzheimer's Association "In the Moment" Support Group

Due to COVID-19, there will not be a March Alzheimer's Association, "In the Moment," support group meeting at Oak Hill. For support and information, please call the Alzheimer's Association's toll-free number: 800-272-3900.

Depending on the Covid situation, we plan to start Alzheimer's Support Group meetings in person in June 2022. The meetings are held from 7 to 9 pm, the last Thursday of the month. The first half of the meeting is educational and the second half is for sharing.

*Thank
You*

To the Memory Care Staff:

Thank you for caring for our father and providing him comfort during his final days. We appreciate the plant that was sent.

The Carl Vogt Family

To Whispering Pines Staff:

Our family would like to thank you for the beautiful potted plant that you sent for our mother's funeral. It made the sad day just a little brighter. Mom was at Oak Hill for a little over a year and the care she received was excellent. I visited often and noted that the entire staff was kind and friendly every single time. Covid made things difficult, but knowing she had people who loved her when we weren't there was a blessing that we don't know that you could even comprehend! You do a thankless job every single day, but all the little unnoticed things make a difference in the lives of your patients and their families. It was a difficult decision to make, but Oak Hill was the best in the end for our mom, Peggy. We love you all like family!

Love,

The Shryock and McGarrity Families



Forrest and Martha Bevineau

Live Concerts back on the Pines Again!

We are so excited to have outside musicians play AND sing music again on the Pines after a 2 year hiatus due to COVID. Here is the schedule of musicians for March:

4—Ron Schewe on the Accordion

8—Terry Roberson, “The Singing Cowboy”

10—Forrest Bevineau, “The Singing Sheriff”

21—Pearl Hirsch on the keyboard.

All music programs will start at 2 pm, unless otherwise noted.

Forrest sang for us on Friday, February 25, while the residents danced, sang, clapped hands and enjoyed Angel Food cake from Ahne’s Bakery.

In addition, Whispering Pines residents will also be enjoying the music of other musicians on Arbor Court.

Magnolia Moments

MARCH

Last months recap... We started February off by celebrating Ground Hog Day and watching the movie Ground Hog Day. Hopefully the winter days will end soon and we will be able to enjoy some warm days here on Magnolia. The month was busy we made cards to share, heart crafts with buttons, candy hearts game stacking, happy hour socials, baked heart cookies to enjoy at our heart party, drew with oil pastels on canvas to create hearts, and all month long enjoyed entertainment weekly! Horse races are always draws a large crowd, but in February it was our largest crowd yet. We celebrated our February Birthday's with music and cheesecake. Trivia was themed about Presidents and everyone learned some fun facts about our Presidents. To celebrated tootsie roll day we played bingo with a twist. No Bingo's only Tootsie Roll's were called! Everyone is excited for March and the first official day of Spring to be here!





HAPPY
ST. PATRICK'S
DAY



Upcoming Dates

3/1 - Mardi Gras Social Hour @ 2:00 (Wear Green, Gold, & Purple)

3/2 - Ash Wednesday

3/15 Resident Council @ 9:15 am

3/17 Birthday Party & St. Patrick's Social (Wear Green)

3/25 HAT DAY



goodbye
WINTER
hello
Spring



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2022						
5 Breakfast- Cinnamon Raisin Toast Lunch- Bacon Cheeseburger on Bun Supper- Chicken Tenders	4 Breakfast- Pancake Lunch- Herbed Baked Cod Supper- Popcorn Shrimp	3 Breakfast- Donut Lunch- Taco Salad Supper- Biscuit & Gravy Sausage links & Bacon	2 Breakfast- Biscuit & Gravy Lunch- Smokey Mountain Chicken Supper- Tomato Basil Soup Salmon Patty Ann Wednesday	1 Breakfast- French Toast Lunch- Roast Beef Supper- Bratwurst Mardi Gras	12 Breakfast- Donut Lunch- Cheeseburger on Bun Supper- Country Fried Steak	19 Breakfast- Muffin Lunch- Chicken Alfredo over Fettuccini Supper- Patty Melt
6 Breakfast- Coffee Cake Lunch- Fried Chicken Supper- Polish Sausage	7 Breakfast- Pancake Lunch- Pork Roast Supper- Chicken Noodle Soup Bologna Sandwich	8 Breakfast- Muffin Lunch- Beef Stroganoff over Egg Noodles Supper- Fish & Cheese Sandwich	9 Breakfast- Biscuit & Gravy Lunch- Meatloaf Supper- Deluxe Potato Ham Bake	10 Breakfast- French Toast Lunch- Roast Turkey with Gravy Supper- Cream of Tomato Soup Grilled Cheese	11 Breakfast- Cinnamon Raisin Toast Lunch- Fried Catfish Supper- Tuna Salad Sandwich	18 Breakfast- Biscuit & Gravy Lunch- Lemon Baked Fish Supper- Clam Chowder Grilled Turkey & Swiss Sandwich
13 Breakfast- Danish Lunch- Pot Roast with Gravy Supper- Cream of Broccoli Soup Egg Salad Sandwich Daylight Saving Time Begins	14 Breakfast- Pancakes Lunch- Cheddar Baked Chicken Supper- Pork Fritter	15 Breakfast- Cinnamon Roll Lunch- Chicken & Dumplings Supper- Chicken & Wild Rice Soup French Dip Beef Sandwich	16 Breakfast- Banana or Pumpkin Bread Lunch- Swiss Steak Supper- Breaded Chicken Patty on a Bun Purin Begins	17 Breakfast- Donut <i>Saint Patrick's Day Lunch</i> Supper- Grilled Frank on a Bun St. Patrick's Day	25 Breakfast- Biscuit & Gravy Lunch- Beer Battered Cod Supper- Minestrone Soup Vegetable Egg Bake	26 Breakfast- Muffin Lunch- Hickory Grilled Chicken Breast Supper- Chili Cheese Dog
20 Breakfast- Cinnamon Roll Lunch- Glazed Ham Supper- Hawaiian Meatballs Spring Begins	21 Breakfast- Pancakes Lunch- Meatloaf Supper- Homemade Vegetable Soup Salami Sandwich	22 Breakfast- Muffin Lunch- Honey Glazed Pork Chops Supper- Homemade Beef Pot Pie	23 Breakfast- Éclair Lunch- Resident's Choice Supper- Country Fried Steak	24 Breakfast- French Toast Lunch- Pizza Supper- Philly Cheesesteak w/ grilled onions & peppers on Bun	Meal Calendar	
27 Breakfast- Coffee Cake Lunch- Cornflake Chicken Supper- BBQ Riblette on Bun Spring Begins	28 Breakfast- Cinnamon Roll Lunch- Italian Baked Tilapia Supper- Egg Salad Cold Plate	29 Breakfast- French Toast Lunch- Roast Beef Supper- Bratwurst	30 Breakfast- Biscuit & Gravy Lunch- Smokey Mountain Chicken Supper- Tomato Basil Soup Salmon Patty	31 Breakfast- Donut Lunch- Taco Salad Supper- Biscuit & Gravy Sausage links & Bacon		

Meal Tickets can be purchased at the front desk for \$3.00. ** Menu Subject to change

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2022

6
1:30 Quarter Bingo
3:00 Piano & Hymn Singing
6:00 Wii Bowling

13
1:30 Satin Hands (Paraffin Wax Dipping)
3:00 Piano & Hymn Singing
6:00 Wii Bowling
Happy Birthday Richard!
Daylight Saving Time Begins

20
1:30 Quarter Bingo
3:00 Piano & Hymn Singing
6:00 Wii Bowling
Spring Begins

27
1:30 Satin Hands (Paraffin Wax Dipping)
1:30 Presbyterian Service **
3:00 Piano & Hymn Singing
6:00 Wii Bowling

7
9:30 Sit & Be Fit
1:30 Horse Races
6:00 Wii Bowling

14
9:30 Sit & Be Fit
1:30 Bingo
2:45 Baking in the Terrace Room
6:00 Wii Bowling

21
9:30 Sit & Be Fit
1:30 Horse Races
6:30 Church Ladies Trio

28
9:30 Sit & Be Fit
1:30 Bingo
6:00 Wii Bowling

8
9:30 Card Lotto
10:00 Bible Study (Upstairs)
2:00 Music with Alan Brandt
6:00 Wii Bowling
Happy Birthday Shirley Daniels!

15
9:15 Resident Council
10:00 Bible Study (Upstairs)
2:30 Rekha playing Piano
6:00 Wii Bowling

22
9:30 Card Lotto
10:00 Bible Study (Upstairs)
2:00 Bean Bag Toss
6:00 Wii Bowling

29
9:30 Farkle (Dice Game)
10:00 Bible Study (Upstairs)
2:00 Happy Social Hour
6:00 Wii Bowling

9
9:30 Sit & Be Fit
10:30 Catholic Mass**
1:30 Bingo
6:00 Wii Bowling
Ash Wednesday

16
9:30 Sit & Be Fit
10:30 Catholic Mass**
2:00 March madness Game
6:00 Wii Bowling

23
9:30 Sit & Be Fit
10:30 Rosary **
1:30 Bingo
6:00 Wii Bowling

30
9:30 Sit & Be Fit
10:30 Rosary**
1:30 Bingo
6:00 Wii Bowling

10
9:00 Morning Manicures
10:30 Lutheran Service**
2:00 Pearl playing Piano
6:00 Wii Bowling

17
9:00 Morning Manicures
10:30 UCC Service**
2:00 March Birthday & Saint Patty's Party
6:00 Wii Bowling
Wear GREEN
Happy Birthday Marti!
St. Patrick's Day

24
9:00 Morning Manicures
10:30 New Life Church**
2:00 Spring painting on Canvas
6:00 Wii Bowling

31
9:00 Morning Manicures
2:00 Come play Washer's
6:00 Wii Bowling

11
9:30 Sit & Be Fit
1:30 Ice-cream Social
6:00 Wii Bowling

18
9:30 Sit & Be Fit
1:30 Bingo
6:00 Wii Bowling

25
9:30 Sit & Be Fit
2:00 Brian Bauer on Banjo & Happy Hour
6:00 Wii Bowling
Hat Day

26
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

12
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

19
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

26
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

5
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

4
9:30 Sit & Be Fit
1:30 Bingo
6:00 Wii Bowling

11
9:30 Sit & Be Fit
1:30 Ice-cream Social
6:00 Wii Bowling

18
9:30 Sit & Be Fit
1:30 Bingo
6:00 Wii Bowling

25
9:30 Sit & Be Fit
2:00 Brian Bauer on Banjo & Happy Hour
6:00 Wii Bowling
Hat Day

3
9:00 Morning Manicures
2:00 Happy Social Hour
Rodney on Saxophone
6:00 Wii Bowling

10
9:00 Morning Manicures
10:30 Lutheran Service**
2:00 Pearl playing Piano
6:00 Wii Bowling

17
9:00 Morning Manicures
10:30 UCC Service**
2:00 March Birthday & Saint Patty's Party
6:00 Wii Bowling
Wear GREEN
Happy Birthday Marti!
St. Patrick's Day

24
9:00 Morning Manicures
10:30 New Life Church**
2:00 Spring painting on Canvas
6:00 Wii Bowling

2
9:30 Sit & Be Fit
10:30 Catholic Mass (Ash Wednesday)**
2:00 UCC Ash Wednesday Service**
2:00 Dan on Guitar
6:00 Wii Bowling
Ash Wednesday

9
9:30 Sit & Be Fit
10:30 Catholic Mass**
1:30 Bingo
6:00 Wii Bowling

16
9:30 Sit & Be Fit
10:30 Catholic Mass**
2:00 March madness Game
6:00 Wii Bowling

23
9:30 Sit & Be Fit
10:30 Rosary **
1:30 Bingo
6:00 Wii Bowling

1
9:30 Farkle (Dice Game)
10:00 Bible Study(Upstairs)
2:00 Mardi Gras Social Hour
6:00 Wii Bowling
Happy Birthday Eva Ahnei!
Wear Green, Gold, & Purple
Mardi Gras

8
9:30 Card Lotto
10:00 Bible Study (Upstairs)
2:00 Music with Alan Brandt
6:00 Wii Bowling
Happy Birthday Shirley Daniels!

15
9:15 Resident Council
10:00 Bible Study (Upstairs)
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2:00 Happy Social Hour
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Wear GREEN
Happy Birthday Marti!
St. Patrick's Day

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9:30 Sit & Be Fit
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6:00 Wii Bowling

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1:30 Ice-cream Social
6:00 Wii Bowling

18
9:30 Sit & Be Fit
1:30 Bingo
6:00 Wii Bowling

25
9:30 Sit & Be Fit
2:00 Brian Bauer on Banjo & Happy Hour
6:00 Wii Bowling
Hat Day

5
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

12
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

19
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

26
10:00 Exercise Video
1:30 Movie
6:00 Wii Bowling

All Activities Subject to Change

** Activity Center

Magnolia Terrace Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						
						